



# Holly Lodge High School Btec Sport Level 3 Journey (12-13)

## Btec Level 3 National Extended Certificate in Sport:

The content of this qualification has been developed in consultation with academics to ensure that it supports progression to higher education. Employers and professional bodies have also been involved and consulted to confirm that the content is appropriate and consistent with current practice for learners who may choose to enter employment directly in the sport sector. Learners will study three mandatory units: • Unit 1: Anatomy and Physiology • Unit 2: Fitness Training and Programming for Health, Sport and Well-being • Unit 3: Professional Development in the Sports Industry. Learners will also choose one optional unit from a range which has been designed to support choices in progression to sport courses in higher education, and to link with relevant occupational areas.

### Extended Certificate

360 GLH

Grade	Points
U	0
P	36
M	52
D	74
D*	90

## Cultural Capital

- Cognitive and Problem Solving Skills
- Intrapersonal Skills
- Interpersonal Skills

## Course Outcomes

A broad basis of study for the sport sector. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

## Size and Structure

360 GLH (445 TQT)  
 Equivalent in size to one A Level.  
 4 units of which 3 are mandatory and 2 are external.  
 Mandatory content (83%).  
 External assessment (67%)

