



LEVEL 2 CERTIFICATE FOOD HYGIENE, NUTRITION AND HEALTHY COOKING

with Mrs Southall



2021 TRANSITION TASK



KS5

THE TRANSITION GRID



KS5

To pass this element of the transition, you need to complete 5 tasks.

You MUST complete ALL blue tasks and ONE green task.



**TRY
this quiz.**

Try this BBC Good Food Quiz.

<https://www.bbcgoodfood.com/howto/guide/food-quiz>

Fill in a completion log when finished.



**COMPLETE
this course.**

Complete this course on Nutrition and Wellbeing.

<https://www.futurelearn.com/courses/nutrition-wellbeing>

Approx. 12 hours

Screenshot page when finished.



**WATCH
this video.**

Watch both of these videos.

<https://www.bbc.co.uk/iplayer/episode/m000jyk4/inside-the-factory-keeping-britain-going-crisps-update>

<https://www.dailymotion.com/video/x6s6uc9>

Fill in a completion log when finished.



**RESEARCH
this event.**

*Read the article and write a 200 word discussion for the statement:
"McDonalds' move would help veganism go mainstream"*

<https://www.bbc.co.uk/news/business-50726619>



**COMPLETE
this course.**

Complete this course on Nutrition and Food Safety.

<https://www.futurelearn.com/courses/nutrition-food-safety>

Approx. 8 hours

Screenshot page when finished.



**Research,
Career and
Degrees.**

Research the course you wish to study at university and any part time jobs you would consider taking.

How will the Food Certificate help?

Menu

Design a 3 course dinner menu for 4 people.

This can be any cuisine.

Your plan should include a STARTER, MAIN AND DESSERT.

One of your guests has to be EITHER a VEGETARIAN OR a PESCATARIAN. You choose!

MAIN TRANSITION TASK

This dinner menu task will allow you to utilise some of the skills necessary in the food business.

Alongside your menu, you need to write an explanation giving details of:

- why you chose elements on your menu
- the balance and nutritional value of your choices
- timings and methods of cooking
- where you would source your ingredients



KS5

HOW TO HAND IN...



KS5

You can present your menu and brief in any of the ways listed below:

1. Written explanation and menu in Word/PowerPoint.
2. Recorded video listing menu items and explanation (*similar to Come Dine With Me*).
3. Hand designed menu (picture via email as evidence) and a typed explanation in Word.



Whichever method you choose, your completed menus and explanations need to be emailed to Mrs Southall by August 31st.

You should write your name and 'FOOD HYGIENE TRANSITION' as the email subject.