

# Holly Lodge High School

## Science College



# Sex and Relationships Policy

Date Adopted: \_\_\_\_\_

*“Currently under review and consultation”*

To be reviewed: \_\_\_\_\_

Signed by Governors: \_\_\_\_\_

Signed by Head Teacher \_\_\_\_\_

*At Holly Lodge College of Science we are committed to promoting student well-being through the delivery of effective Sex and Relationships education programmes. Developing responsible attitudes and behaviour towards sex and relationships will help ensure that students stay safe and healthy.*

## **Aims and Objectives**

The Sex and Relationships Education programmes will:

- Provide students with a knowledge base so that they can understand sexual attitudes and behaviour.
- Help students make informed and responsible decisions related to their sexual well-being.
- Develop self-esteem in students as a basis for responsible and caring relationships.
- Help students to be confident about the physical, emotional and moral aspects of sexual maturity.
- Develop knowledge and understanding of relevant topics. For example male and female puberty, menstruation, contraception, AIDS, sexually transmitted diseases, HLBT issues.
- Encourage understanding of the variety of personal relationships and reflect on the benefits of commitment and stability towards others.
- Allow students to explore moral values and family values; develop an awareness of the pressures on students to behave in certain ways and to help improve confidence in dealing with such pressures.
- Develop personal skills and qualities. For example listening, questioning communicating, tolerance and empathy.
- Encourage students to talk about sex and relationships with their parents/carers.

## **Delivery of Sex and Relationships Education**

- Sex and relationships education will be delivered through the Personal Social Health Education (PSHE) curriculum and Personal Development opportunities (SDs and PDMs).
- The content and methods used are designed to be appropriate to the age and development of the students.
- Teachers and presenters will be sensitive to religious beliefs and cultural practices.
- Teaching will be enhanced by the use of appropriate outside agencies, in particular the NHS and Brook who work closely with students and staff in the preparation of resources and the delivery of lessons.
- An NHS nurse will be available once a week to provide personal and confidential advice.
- Where issues of Child protection are raised staff must follow the schools policy and procedures for Safeguarding Children.
- Where appropriate, parents will be informed when lesson or series of lessons may cover sensitive issues.

- On occasions it may be appropriate to engage external agencies to work with individual or small groups of students to ensure they understand the importance of keeping safe, in a variety of situations, and particularly when accessing social media.

## **Roles and Responsibilities**

### **Senior Leadership Team**

- Monitor and evaluate the Sex and Relationships Education Policy.
- Monitor the quality of teaching and learning related to Sex and Relationships Education.

### **PSHE coordinator**

- Co-ordinate outside agencies to deliver appropriate and relevant topics.
- Monitor the quality of teaching and learning.
- Ensure that the quality of resources is good and up dated regularly.
- Develop and ensure that programmes of study cover the required knowledge and skill development related to Sex and Relationships Education.
- Ensure that staff receive training and have accurate subject knowledge to deliver the programmes of study where necessary.